



The 'Which Way Today Challenge'

As part of International Walk to School month, we are encouraging pupils to travel actively to school. This could be **by foot, on a bicycle or scooter, using public transport, car sharing with other children or park and stride.**

The Which Way Today Challenge is a week-long class versus class competition, to see which class can 'Step' away the furthest from their school during the specially designated 'Which Way Today' week which is next week, **12th – 16th October 2020.** The winning class will be the one that colours in the most footsteps per pupil and gets the furthest around Carmarthenshire, in one week.

Walking to school benefits pupils, parents, the school and the local community in a variety of ways:

- It develops pedestrian and road safety skills
- Reduces traffic congestion around the school gates – no more fighting for the last parking space
- It saves time – it's often quicker to walk (even a little bit) than to sit in traffic!
- Pupils arrive at school more alert and on time
- Less car emissions means improved air quality
- It promotes moderate physical exercise.

Please support us in this as we embark on the challenge to gain our Gold Sustrans mark. Remember lots of small steps can make a big difference!

Thank you for your support